



Mentor Details

Mentor Course Details

What distinguishes the Mentor Course from the medical oriented biodynamic craniosacral therapy trainings is our curriculum is exclusively for the evolution of consciousness.

Rather than objectifying a client, focusing on individual tides, seeing body parts as something to fix, and using efferent treatment methods to do so, we orient inside ourselves and repose in the spectral matrix of Pure Breath of Love.

In every Mentor class we further refine our inner practices that deepen the natural state (neutral) of non-doing. Specifically, the BCT practitioner refrains from efference because that interferes with the client's evolutionary process. Efference means to leave oneself and enter a client that we have objectified to fix them. Our practitioner neutral supports a client in surrendering ego control over to Pure Breath of Love. When a BCT practitioner reposes inside their own body, the wisdom of the client's body is left free to evolve toward bodily union with Pure Breath of Love.

Pure Breath of Love

Pure Breath of Love contains all the classical tides - cranial wave, fluid tide, long tide - that alchemically mix inside imploded Dynamic Stillness within the body. Tides as enfoldments of consciousness correspond with the elements - earth, water, air, fire, ether - that become supercharged in imploded Dynamic Stillness to form the dynamic alchemical substance of Love. This super radiant substance is

precisely formulated to lovingly resurrect a client's every inertial aspect until no bodily resistance to the suffusion of Love remains possible. Erotic union with the all is characteristic of Pure Breath of Love. This realization that Body is Love, we call Enfleshment, or non-separate consciousness.

Suffusion of Pure Breath of Love

Based on Pure Breath of Love's intermix of primary respiration that is present, a BCT practitioner can sense which level of consciousness the client has received suffusion by Pure Breath of Love:

- 1) self, (the ego).
- 2) Self, (the higher self).
- 3) No self/no Self, (the sense of self and Self is extinguished).
- 4) Both/and, (all of the above).
- 5) Beyond both/and (all the above collapses and becomes completely ordinary).

Because we have travelled this evolutionary journey ourselves in the Mentor Course, we can offer specific support to guide the client who is likewise evolving.

Pure Breath of Love Impacts the Personal and Transpersonal

1) The personal, human function is oriented to health and whole making. The Breath of Life creates and maintains the human form, bequeaths the capacity for perception, provides protection and immunity, and maintains health by continually re-connecting the 'parts' to the Whole (Inherent Treatment Plan).

2) The transpersonal being function is an evolutionary one: union of personal humanness with transpersonal being. This evolutionary drive impels you to let into your humanness the suffusion of Pure Breath of Love. Suffusion of Love is so powerful that it occurs unfazed even while it is being thwarted by controlling strategies of the ego and the unconscious somatic recoils in your body due to release of trauma and emotions stored in the body as armor.

Bodily becoming one with Love is connected to the mystery of your destiny - your purpose within the Divine Plan (Inherent Evolutionary Process), and it brings the realization that you are a unique expression of The Love with a particular-to-you gift that you offer in service.

Practitioner: Know Thou Thyself

The Mentor Course also explores the natural state from another angle: from inside us as practitioners. We each develop a precise self-map through self-inquiry by 'becoming self-neutral.' This means we fiercely face ourselves - know thyself - while being gentle with our younger less-evolved aspects.

Through this compassionate self-disposition, we learn to continually relax, open, and permit Pure Breath of Love to suffuse all aspects of our bodymind as a whole - all the way into our cells, which we call Enfleshment.

'Facing ourselves' is the most important, difficult, and uncomfortable part of our exploration. If we are unable to permit Pure Breath of Love into the self-limiting aspects of ego, our conditioned body, or 'be with' the uncomfortable and intense processes of transmutation, how can we be present to a client undergoing the same evolutionary process?

Our self-practice involves sensually navigating the spectral inner body qualities that emanate as the Breath of Life, Consciousness, and Love - both the ascending and descending currents - even though they are one current. When these currents unify within us we realize Pure Breath of Love as a precise alchemical mix that ignites our evolution toward the union of 'human with Being' (non-separate consciousness). Union, or non-separation, is a descending current function of Pure Breath of Love in modern human evolution.

No longer is it a question that has been asked for the last 8,000 years: 'How can we rise out of our body into the emptiness above our suffering and pain to by-pass and avoid discomfort, and catch the ascending current to become one with the Divine?' It is now rather, 'How can we let Divine Consciousness descend into the body, unite with it, and realize human-Divine Love?' (See reference to Bonder in Stillness p. 226)

The evolutionary process of the descending current is sensed while Pure Breath of Love suffuses our humanness until all the 'parts' unite and become completely one, culminating in non-separate consciousness, the realization that body is Love: Enfleshment.

In essence, a certified BCT practitioner endeavors to live bodily-at-one with Pure Breath of Love in the seamless wholeness of enfleshment, and at the service of others on the same journey.

Classical Biodynamic Map of the Tides

The classical biodynamic 'map' of the tides, outlined in Stillness Chapters 5-8, characterizes the ascending current of the Breath of Life as enfoldments of consciousness. It is the 'mapped' ground upon which we presently explore a 'mapless' journey that begins after Dynamic Stillness implodes in the body and Pure Breath of Love suffuses and unites with every cell during enfleshment.

This is Love coming back for itself (us). Love inexorably restores non-separate consciousness, our natural state of Wholeness, as an utter bodily union with The Love that creates all that is.

The Inherent Evolutionary Process involves resynchronizing each and every aspect of us down to the molecules of every cell that unites with infinite Consciousness and Love: Wholeness.

Being utterly open to bodily union with the vulnerability of Love - as the force of creation that emanates out of Dynamic Stillness - is the evolutionary imperative of Pure Breath of Love. It returns to us the trust and repose required to let us 'just be as we are.'

Three Bodily Centers: Head, Heart, Pelvis

Evolving this disposition of reposing in bodily union with Pure Breath of Love, we begin our advanced exploration into Love as it expresses through the three primary body centers: head - heart - pelvis. When these three centers unite and Love

suffuses thinking, feeling, and will our touch evolves as precise skillful responses to 'what is' in each moment.

With Pure Breath of Love in charge, our sessions are utterly free of contrived methodologies. If our expression of touch varies, it is because we are entrained to the client's inner body wisdom that calls a specific dynamic into expression. Our touch is based on a client's specific needs that arise from the Wisdom of the Whole, rather than from the 'tissues' that are drenched in egoic fear from past trauma. The BCT practitioner's service remains open, mapless, and unformed as it expresses moment by moment under the guidance of Pure Breath of Love.

The Spiritual Traditions and the SA Node as Center and Source

“First is formed the material heart, in which the
spiritual establishes an office in which to dwell”

~ A. T. Still, (Founder of Osteopathy) 1902, p.48

Throughout the Mentor Course we point out the spiritual traditions that recognize the self-existing heart radiance that emanates at SA Node as our center. This is where Breath of Life interfaces with the body, and why we access heart as an organ of perception. Once we establish the self-existing radiance of the heart as an organ of perception, we cultivate advanced inner practices that unite the three major body centers of head - heart - pelvis as *One Heart*.

Summary of our Training

Rather than offering an exhaustive intellectual curriculum and a training in which you learn to objectify a client (which means you separate yourself from them) and then apply to the client efferent techniques, cranial wave motion theories, management strategies, and treatments to fix symptoms, at Dynamic Stillness you learn to connect with the power of Love inside yourself that heals and makes whole, which automatically transmits to the client by entrainment.